

Letting Go

ENCOURAGING SCRIPTURES

TRUTH

GOD IS NOT SWITCHING UP
ON ME.

I HAVE EVERLASTING
PEACE WITH GOD.

I HAVE JOY WITHIN ME.

I ENJOY LIFE TO THE
FULLEST.

I AM MADE NEW IN CHRIST.

GOD LOVES ME SO MUCH.

I AM AN OVERCOMER.

CHRIST DWELLS INSIDE OF
ME.

PROOF

Hebrews 13:8

Philippians 4:6-7

James 1:2-3

Ecclesiastes 9:7

Galatians 2:20

1 John 4:9-11

Revelation 12:11

Ephesians 3:16-17

TRAUMA TO TESTIMONY

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Let's Get R.E.A.L

Having real and honest conversations with God to heal and grow.

Topic: Letting Go

Reflection- How do you really feel?

Embrace & Evolve- How can you make the best of this and level up?

Authenticity- Have you been letting go? Do you want to let go of control and give it to God? (be authentic, God loves you either way!)

Live Well- How can you honor living from this? Think of taking care of yourself through this? What does that look like?

God wants to hear from you for real! -Toni